

WHAT WE ARE TEACHING THIS WEEK



TODAY'S TRUTH

God will help me when I need to do hard things.

BIBLE STORY

Jesus' Last Prayer
Matthew 26:36-46

MEMORY VERSE

God gives power and strength to His people.
Psalm 68:35

KEY QUESTION

Who will help me when I need to do hard things?

BIG TRUTH

God loves to help me.

Prayers of the Bible
WBS Kids Lesson #22
Matthew 26:36-46

Hook: Have you ever had to do something that you knew was good but you felt like it was going to be really hard? I remember when I was little, my mom would take me to the doctor's office to get shots. That was a hard thing to do. I didn't feel like getting shots, but my mom told me they would help me grow up healthy and strong. She said they would keep me from getting bad sicknesses.

Book: Jesus had something he had to do that he knew would be very difficult but he wanted to obey God. Can you guess what he decided to do so he felt strong and prepared to do it? He prayed! He prayed to God his father and asked him for help. Let's listen to our story and hear what happens.

Tell the story of Jesus last prayer from Matthew 26:36-46 **OR** Read *A Dark Night in the Garden* from *The Jesus Storybook Bible*.

Look: (*Come prepared with an object that is just a little too heavy and awkward for a preschooler to carry by themselves.*) Today I have this (*name the object*) that I need to move to the other side of the room. Who would like to help me? Let one child try to lift the object. Then, choose another child to help the first child move the object. Repeat this until all the kids have had a turn. Was the (*name the object*) hard to carry? Was it easier when you had some help? God loves to help us. We can always pray and ask God for help.

Took: God will help me when I need to do hard things.

Memory Verse: God gives power and strength to His people. Psalm 68:35

Prayer: God, sometimes I have to do things that feel like they will be really hard to do by myself. Thank you that I can pray and talk to you about these things. I am so grateful to know that you love to help me. AMEN.

Prayers of the Bible
WBS Kids Lesson #22
Matthew 26:36-46



God will help me when I need to do hard things.



God gives power and strength to His people.
Psalm 68:35



Set aside some time to pray with your kids; maybe at bedtime. Instead of asking God to do things for you, lead your kids in praising God for who he is. Let your kids have a turn to tell God how grateful they are for His goodness. He is awesome and strong! God will help you and your kids when you need to do hard things. You can use the prayer from Psalm 145 below as a guide.



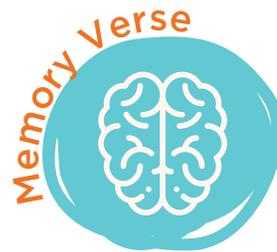
I will honor you, my God the King. . . Every day I will praise you. I will praise your name for ever and ever. Lord, you are great. You are really worthy of praise. No one can completely understand how great you are.

Parents praise your works to their children. They tell about your mighty acts. . . . They speak about the powerful and wonderful things you do. . . . They celebrate your great goodness. They sing for joy about your holy acts. The Lord is gracious, kind and tender. He is slow to get angry and full of love. The Lord is good to all. (Psalm 145:1-9)

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