



Ekklesia: An Alternative Community of Attentiveness

September 26, 2021
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1. Kevin opened today saying that we are living in the midst of a “distracted age” with many things constantly competing for our attention. What are some things that you find competing for your attention daily?
 - a. Was there something in particular distracting you during today’s service?
 - b. What was your method for staying focused if so?

2. Next, as we read through Psalm 16:2-4 we were reminded that as Christians we are to live fundamentally differently, in what ways are we supposed to think about our attention differently?

3. Kevin remarked that “attention and time are the means of loving and being loved by God”, how are you at fixing your attention on God?

4. What are some habits you have to stay fixed on the Lord?

5. What are some habits you’d like to form in order to get better at this?

a. As you try to of start this habit, remember Kevin’s four suggestions:

- i. Carve out intentional time
- ii. Anticipate distractions
- iii. Create a plane for your phone/digital life
- iv. Start where you are, not where you think should be