



April 10, 2022

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Psalm 139

Main Idea: The inescapability of God leads to life.

1. How might you currently be experiencing the weight of this age of “great moral pressure” (i.e. exhaustion, fear, confusion, guilt)?
2. Kevin reminded us that “Confession is a practice that brings the raw, unfiltered self before God as a means of recognizing our own frailty and sinfulness before Him. It is the direct recognition of our own inability to hold everything together, to recognize our own sin and disobedience, and then to seek help outside of ourselves for redemption.”

Why is it important, in confession, that we take time to remember the God whom we are confessing to?

Read Psalm 139:1-6. God knows us completely—more than we ourselves or anyone else can know us. And in His infinite knowledge of us, He still loves us. Take a moment to consider this truth.

3. Does this deep level of intimacy cause you to draw closer to Him? If not, why might you hold back?
4. How might knowing this truth about God’s knowledge of and love for us influence the way you approach Him in confession?

Read Psalm 139:7-12.

5. How have you experienced, as David writes about in verse 10, God's hand guiding you, and His right hand holding you fast?
6. How might these verses be an encouragement to you in the situations and circumstances you might be facing today?
7. No matter where you go, God is there. There is nothing you can do and nowhere you can go to escape God's presence. Is your response to this truth one of fear or welcome? Confusion or joy?

Read Psalm 139:13-18.

God is intimately active in His creation of every human being. Kevin reminded us how "from early Christians to the Ancient Jews to the modern faith, the church has always held to a posture of the dignity of life at all stages, from cradle to grave."

8. How do these verses shape the way you view yourself and how valuable you are to God?
9. How do these verses shape the way you view and interact with others?

Read Psalm 139:19-22.

10. How does David's honesty and agony for God to make right all that is wrong set an example for us in the way we pray? Where might you be experiencing that raw agony, and how can you take that to God?

Read Psalm 139:23- 24.

11. Why is David's prayer an appropriate response to the incredible truths in this Psalm?
12. What about this invitation to God is liberating? What about this level of vulnerability is uncomfortable?
13. What might be hindering you from inviting God to search you and know you?